



LAUDATO SI'
Action Platform

**Saint Theresa's College of Quezon City
(STCQC)**

Declares Climate Emergency

LSAP YEAR 2

(School Year 2023-2024)



VISION:

We are a Filipino Christian ,Catholic Learning Institution of Choice for Girls transforming the heart, mind and spirit towards the **NEW CONSCIOUSNESS** that **ALL is ONE** and **ONE is ALL** in the realization of the fullness of Life in Jesus.(shorter version)



MISSION:

Through a **LIBERATING** and **TRANSFORMATIVE EDUCATION** responsive to the call of the 21st CENTURY, we form wo/men leaders and followers

- with social conscience,
- who practice responsible digital citizenship,
- with passion for God, for people especially the poor , and for the integrity of and oneness with creation
- who are active participants in the promotion of justice and peace and the building of Christian communities.

(sv)



STCQC ROAD MAP PILLARS

**Digital Citizenship
and Literacy**

**Soft and
Hard Power
skills**

**Environmental Literacy
,Care and Advocacy**

**Engaging in Right
Communication**

**Collaboratio
n**

**Catholic School
Leadership**

STCQC Core Values

- **Deep Love for God**
- **Passion for God's Mission**

Towards 21st Century Nation-Building and Global Competence



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The theme of our second year in LSAP was "STCQC Declares Climate Emergency." Motivated by this, we, as an institution, continued our dedicated efforts to align the LSAP goals with our specific context.





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ECOLOGICAL EDUCATION

EDUKASYONG PANGKALIKASAN

Ecological Education is the LSAP goal we have made the most progress in. We have intentionally integrated Laudato Si into our curriculum, aligning it with our vision of "Caring for the Integrity of Creation" and our roadmap pillar of "Environmental Literacy, Care, and Advocacy." Environmental issues are addressed in various subjects most especially in science classes, while the concept that "ecological justice is social justice" is explored during social awareness discussions focused on marginalized sectors in our outreach program. We continually emphasize the importance of waste segregation among all stakeholders, encouraging its application in their respective projects and activities.



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**RESPONSE TO THE CRY OF THE
POOR**

**PAGTUGON sa
PAGTANGIS ng
MAHIHIRAP**

A key aspect of our vision and mission is a preferential option for the poor, which is actively implemented through our school outreach program involving all stakeholders: personnel, students, parents, alumni, and partner communities. In a country frequently impacted by natural disasters such as typhoons and floods, we carry out relief operations for our adopted partner communities, including Gawad Kalinga STCQC Sto Domingo.



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**RESPONSE TO THE CRY OF THE
EARTH**

**PAGTUGON sa
PAGTANGIS ng
mga DAIGDIG**

LSAP goal of “response to the cry of the Earth” is realized in our school through the observance of “Earth Hour”, participation in International Coastal Clean up, mangrove planting, “PAWIKAN hatchlings release and “STCQC Pet Day”.

LUNTIAN

5 BENEFITS OF EARTH HOUR

Sept. 1, Oct. 2, Dec. 1, March 1

- For one hour, shutting off the lights and electronics can help lower carbon emissions and safeguard the environment.
- The opportunity presented by Earth Hour allows for the promotion of sustainable lifestyles and energy conservation.
- Participating in Earth Hour can inspire people and organizations to take more action to safeguard the environment.
- Around the world, Earth Hour raises awareness of environmental problems including climate change.
- A worldwide movement like Earth Hour can unite people of all backgrounds in promoting sustainability.

OFF  ON



KALIKASAN **organization**



**Sustainable Earth
Advocates for
Zoological and Natural
Stewardship**



Mangrove planting





KALIKASAN organization



Sustainable Earth
Advocates for
Zoological and Natural
Stewardship


SAINT THERESA'S COLLEGE OF QUEZON CITY
and KABALIKATAN SEAZONS
In collaboration with
Quezon City Veterinary Department

Paw-dly welcomes you to ...
Pet Day
Purr-oviding Safe Spaces for
Paw-miliar Faces


Adopt-A-Pet, Free Medical Consultations,
Microchipping, Deworming, and Anti-Rabies
Vaccinations, and other Fun Booths available!

February 17, 2024
8:00 AM to 12:00 PM
116 D. Tuazon Ave., Sta. Mesa Heights, Quezon City,
Sr. Marie Madeleine Multipurpose Gym

ENTRANCE FEE
Cat Supplies of Any Kind!
(Small or Big Donations Appreciated)


SCAN TO PRE-REGISTER



**Pawikan Hatchlings Release
Pawikan Conservation
Center, January 27, 2024**

“Pawikan” (Tortoise)



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RESPONSE TO THE CRY OF THE EARTH

**PAGTUGON sa
PAGTANGIS ng
mga DAIGDIG**

Evaluation results show that “Response to the Cry of the Earth” is the LSAP goal mostly achieved in the homes of our STCQC respondents through energy conservation by using home appliances judiciously, donating to or supporting environmental organizations and adopting simple lifestyle.



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**ADOPTION OF SUSTAINABLE
LIFESTYLES**

**PAGPAPATIBAY ng
SUSTENABLENG
PAMUMUHAY**

This goal aligns with the LSAP's focus on response to the cry of the Earth.

"Live simply so others may simply live" reflects the ethos of Theresians, and we strive to embody this principle through our SINOP program, which promotes energy and water conservation as well as waste management solutions. These practices are also evident in our homes.



KALIKASAN organization



LUNTIAN



TRASH TO CASHBACK



When?

September 15, December 1,
& March 4

Where?

Time: 7:00 AM - 7:30 AM
Grade School: Gate 3 Carpark Area
High School: Gate 1 Parking Area

**What can be
collected?**

- Single-use Plastics
- PET Bottles
- SINOP Paper
- Newspaper
- Cans
- Metal Wirings
- & more !!



St. Theresa's College, Quezon City
LUNTIAN-KABALIKATAN

in this season of creation

say no to

single use!

As God's children and the stewards of His Creation, it is our solemn duty to protect the environment.

Take part in our mission towards a bright, green future!

On September 13 & September 27, no bottled water will be available in the school canteens and cafeteria.



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ECOLOGICAL SPIRITUALITY

**PANGKALIKASANG
SPIRITUWALIDAD**



Cosmic Walk Meditation Garden(CWMG)



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SEASON OF CREATION 2023

SEPT. 1 - OCT. 8*

*In the Philippines, it is extended to October 15

LAUDATO SI' MOVEMENT PILIPINAS PARTNERS



Saint Theresa's College of Quezon City partners with Laudato Si Movement Pilipinas (LSMP) in its advocacy for God's Creation.

***“May our
common home
overflow with
life once again.”***



A Mighty River
Amos 5: 24



Let Justice and Peace Flow

Season of Creation 2023

September 1 - October 8*, 2023

*In the Philippines extended to Indigenous Peoples' Sunday

Prophet Amos cries out: “*But let justice roll on like a river, righteousness like a never-failing stream!*” (Amos 5: 24) and so we are called to join the river of justice and peace, to take up climate and ecological justice, and to speak out with and for communities most impacted by climate injustice and the loss of biodiversity. As the people of God, we must work together on behalf of all Creation, as part of that mighty river of peace and justice

1- World Day of Prayer for Care of Creation

Earth Hour 7:40 am-8:40 am

4- Cosmic Walk Meditation Garden (CWMG)

Turn-Over/Season Of Creation

16- International Coastal Clean Up

- **NO Plastic Bottled water on Wednesday**
- **NO Plastic Bottled water during faculty meetings**
- **Monday morning ceremony prayer include intentions for Mother Earth**

Oct 2- Closing Salvo by Glocal Eco Fair (Events)

Oct 4- Feast of St. Francis of Assisi



A Mighty River
Amos 5: 24

Let Justice and Peace Flow

Season of Creation 2023

September 1 - October 8*, 2023

**In the Philippines extended to Indigenous Peoples Sunday*

and BEYOND...



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We realized that...

...our awareness of the "interconnectedness of the Earth community" makes us more mindful of our choices. Understanding Laudato Si encourages us to reflect on our lives and the impact our decisions have on both humanity and the natural world. Indeed, God is present in all of creation..



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We realized that...

...there is an overlap between the LSAP goals, particularly in the adoption of a sustainable lifestyle and the response to the cry of the Earth. We still need to explore opportunities to strengthen our initiatives related to LSAP goals in ecological economics and community resilience. We recognize the significant potential of youth in ecological advocacy . We will continue to foster a social consciousness that emphasizes the interconnectedness of all creation, as reflected in our school's vision and mission.



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As ONE STCQC community

we will remain committed to solidifying collaborative efforts in our commitment to caring for our “ONE common home”.

Laudato Si Action Platform (LSAP)
Reflections
of Students

Saint Theresa's College Of Quezon City



"One simple
act can
change the
world, for the
better or for
the worse"



Rhianne

It's advising me to start paying attention to the environment and the struggles it faces. We must all work together to accomplish that, so I must spread the word in order to do that.

I am motivated to encourage my youth to support the environment and work together as a community when I see the environment struggling. Protecting the environment will benefit not only us but also future generations.

Together with other youth, I would like to do my best to improve the situation of the world, particularly the environment. And I could accomplish that by persuading individuals to participate in activities that would lessen ecological problems.

#1 Abito, Mikaila

Sa mga nangyayari sa ating kalikasan ngayon, na minsan ay sobrang init at minsan naman ay biglang uulan. Sa ibang bansa naman, ay natutunaw ang mga yelo. Namamatay rin ang mga hayop dahil sa pagbago ng klima at wala rin silang makain. Kailangan na natin kumilos at magtulungan upang mailigtas ang kalikasan bago tuluyang masira ang ating planeta at mamatay ang lahat ng sangkatauhan.

“Tara na! Tayo ay magkaisa. Alagaan ang kalikasan, bago mahuli ang lahat.”



From Sir Jeff
Ms. Clare

Source: <https://www.pngegg.com/en/png-phvdz>

#2 Alcon, Rhianne Stephanie C.



**"Kalikasan ating alagaan,
Salinlahi pahalagahan"**

#6 CASTRO, ANDREA

*Kung gusto natin maganda at
mabuhay ang daigdig, gumawa tayo
ng paraan.*

#9 DE LEON, RHEIANNA SAMANTHA



**TAYO'Y MAG TULUNGAN
PARA SA ATING BAGONG
KINABUKASAN**

#10 Domalanta, Jannah



From Sir Jeff
Ms. Clare

#11 FERNANDEZ, ZARACHIEL



*"Huwag na nating
hintayin na
magbago ang
mundo!"*

2022

#13 Guerrero, Amanda



"Alagaan ninyo ako para may makatira pa saakin na bagong henerasyon."

Mag tulong-tulong tayo para sa ikabubuti ang ating mundo.



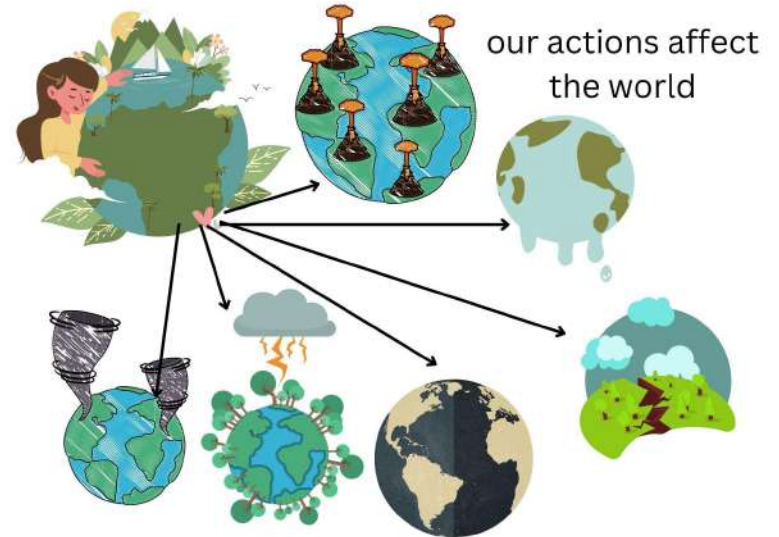
- Kailangan niyo ako para uminom nang inyong tubig na pwedeng makasira sa ating tirahan at kailangan marami ako at kaya namin tulungan kayo.



From Sir Jeff
Ms. Clare

#17 Kaur, Armaandeeep

Ito ang ginawa ko dahil isa lang ang mundo na pwede natin maatirahin kayat tigilan natin ang maling ginagawa at gawhin ang tama para marami din ang makakaranas ng magandang mundo.



From Sir Jeff
Ms. Clare

#18 LAPUT, ALEAKIM



Ang Mother Earth ay ang ating
iisang tahanan, kaya't alagan natin
ito.



From Sir Jeff
Ms. Clare

“Earth provides
enough to satisfy every
man’s need, but not
every man’s greed.”
Mahatma Gandhi

#20 MACINAS, GEENINA MARIE

“Humans must realize that in order to survive, we must handle the Nature with care.” - Anonymous



ST. THERESA'S COLLEGE Q.C

GREENER, CLEANER BARANGAY

MULA SA ISANG
KAPIT-BAHAY
HANGGANG SA
ISA PA.



IHIWALAY NANG
MAAYOS ANG IYONG
BASURA



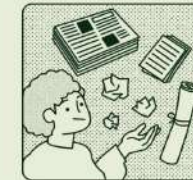
MAGTID NG
KURYENTE



MAGSIMULA NG
COMPOST BIN



I-UNPLUG ANG MGA
ITEM KAPAG HINDI
GINAGAMIT



I-RECYCLE ANG
MGA MATERYALES
NA PUEDE PANG
GAMITIN



HIMUKIN ANG AKING
KAPIT-BAHAY NA
GAWIN DIN ITO

20 GEENINA MARIE MACINAS
7-3 SR. MARGARITA ALDANESE

From Sir Jeff
Ms. Clare

#22 MANUEL, MA. ANGELA JULIANA



**MATUTO TAYO SA ATING MGA PAGKAKAMALI
AT MAGSIMULA MULI.**

#24 MERAÑA, MARIELA RACHEL



Wag magisayang ng energy, pagtarim ng mga hala man para sa maayos na Air Ventilation, at pagtala ng carbon footprint. Ito ay konti palang na paraan, marami pang iba na pwedeng gawin.

Mga Paraan sa Pag-ayos ng ating Kalikasan



“Ayusin natin ang ating kalikasan, para sa maayos na ebolusyon. At para rin sa maayos na ecosystem para sa susunod na henerasyon!”



From Sir Jeff
Ms. Clare

#26 NEPAS, KIM ANGELINE



**“Tulungan na natin ang
ating mundo.
Ibalik natin ang
kabutihan ng
kalikasan”**



From Sir Jeff
Ms. Clare

#29 PINEDA, BETTINA

ibigay ang ating pagmamahal sa
planeta



Save the Planet

tulad ng kung paano ibinigay sa atin ng
planeta ang kanilang pagmamahal

#31 Santos, Chloe

Ating mundo'y alagaan



Para sa magandang kinabukasan



From Sir Jeff
Ms. Clare

#34 Sidhu, Sanpreet



Tayo ay magtulungan, Ingatan ang Inang Kalikasan. Dahil kung siya ay mapapabayaan, Paano na kaya ang ating kinabukasan?



From Sir Jeff
Ms. Clare

*"Follow me where the creatures lie,
and help me nurse them until their
time."*

("Sumunod ka sa akin kung saan nakahiga ang mga nilalang, at tulungan mo akong alagaan sila hanggang sa kanilang oras.")



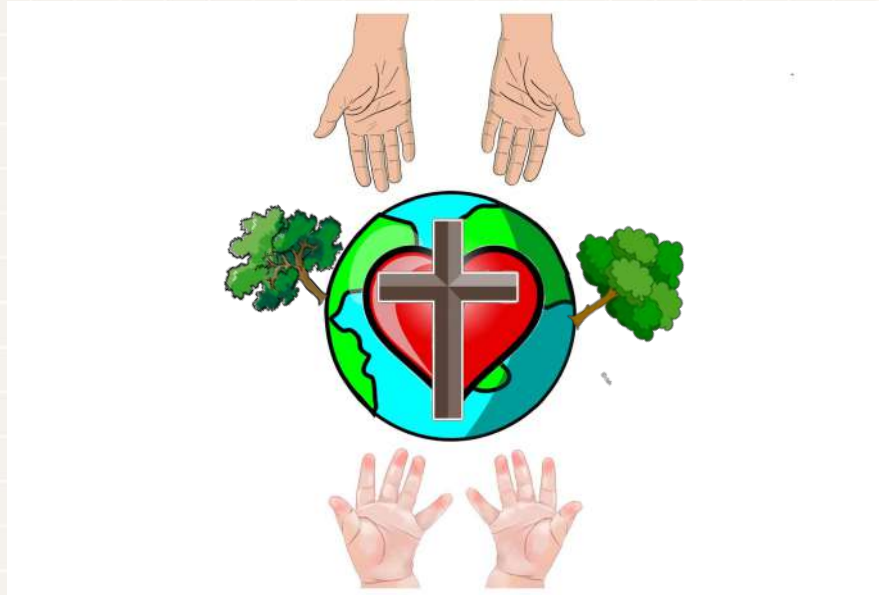
From Sir Jeff
Ms. Clare



#37 Vergara, Shannon



Maliwanag na kinabukasan
Para sa minamahal na Inang Bayan,



From Sir Jeff
Ms. Clare

Bunga ng Maka-Diyos na Sandaigdigan.
Kaya't ano pang hinihintay natin? Kilos na, bayan!



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"On a personal note, I thank God for being part of the LSAP journey. Connecting with the Earth has consistently been a spiritually enriching experience for me. I am grateful to God for allowing me to feel His presence through His amazing creations."



Haiku:
"Lord God, I thank you
Your great love for me expressed
through Your Creation."
(070524)





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"There is a mystical meaning to be found in a leaf, in a mountain trail, in a dewdrop, in a poor person's face". Laudate Deum, 65



Haikus: Waterfalls

Cascading waters
fearlessly plunge the abyss
speaks of strength.

Unrelentless flow
of waters over the cliffs,
divine flow of life.

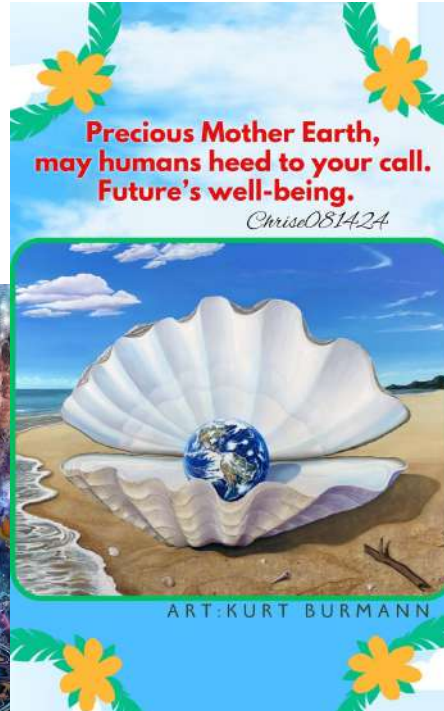
Let me face heads on
the challenges that life brings.
Embrace change and growth.
(cje 061624)





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"I can feel the energy of Mother Earth within me. Every particle from the Universe and the Earth exists in me, connecting me to the larger tapestry of existence. I express my gratitude to God and the Supreme Consciousness that flows through all things. ..Chrise.."



"This is True. Universe speaks to us. Commune and listen to her. We can connect because each of us is the universe." Chrise

SYNCHRONICITY

SPIRITEODEX

The universe is giving you signs every day. Whether you're asleep, rushing through your daily routine, engaged in conversations, tuning in to the radio, gazing at the sky, or stumbling upon synchronicities, the Universe is communicating with you. Pay attention to them and piece together these signs like a cosmic puzzle, and you'll start to notice a pattern emerging.



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"LAUDATO SI', mi Signore' - 'Praise be to you, my Lord'"

