

My Commitment Statement

Having worked in environmental education for the past 40 years, focusing more intently on the climate emergency since 2019, I commit myself to all 7 goals of the Laudato Si' Action Platform. Though I will always focus them through the first goal, Care of Earth, I intend to make significant strides integrating my lifestyle and life choices to reflect current climate realities.

My LSAP commitment encompasses my own living out of the goals, but additionally helping my religious community (Dominican Sisters of Sinsinawa) to learn about and commit to them on a congregation, as well as regional group level. Lastly, I am committed to enabling my parish (St. Walter's in Roselle, IL) to rekindle their Care of Creation Committee with the ultimate goal of inspiring them to join LSAP.

During this year I have participated in monthly LSAP committee meetings on my community level, helped facilitate several zoom conversations, developed graphics to be included in PowerPoint presentations, researched, and disseminated enrichment materials, recorded an introductory overview for those unable to attend the live zoom calls, and developed a major presentation for our community day virtual assembly. I have led a community wide plastic awareness and recycling project and coordinated activities at my parish. I've also participated in diocesan conversations on Laudato Si'.

I am much more aware of the consequences of my decisions and am trying to make them more thoughtful and environmentally positive.

Putting it into Perspective & Summarizing the Above

As of now, my life revolves around food choices such as plant-based eating (at least 6 days a week); food scrap composting (finding a way to do this in an apartment); cooking healthy and locally based meals (finding more creative ways to cook); and reducing the number of times I eat out.

1. I commit to resurrecting the care of creation committee in my parish.
2. I commit to meditate regularly on Laudato Si'.
3. I commit to discussing the climate emergency more frequently.
4. I commit to not purchasing books, getting them from the library or borrowing them electronically.
5. I commit to reducing my electricity usage by limiting the amount of time spent watching television and using my computer.
6. I commit to trying to have meaningful conversations with friends.
7. I commit to continue asking questions and making suggestions that will help move the congregation toward integral ecology.