How am I called to respond to Laudato Si’?

Pope Francis make an appeal to all of us. *“The urgent challenge to protect our common home includes a concern to bring the whole human family together* ***to seek a sustainable and integral development****, for we know that things can change.” (13) I urgently appeal, then, for a new dialogue about how we are shaping the future of our planet. (14)*

How do I contribute to a sustainable and integral lifestyle? Pope Francis writes, *“This shows us the great need for a sense of social responsibility on the part of consumers. “Purchasing is always a moral – and not simply economic – act”.146 Today, in a word, “the issue of environmental degradation challenges us to examine our lifestyle”.14*

This will be the first challenge I bring to my Laudato Si’ action plan. Can I be a better consumer? What is the true cost of the products I use? How do I join the conversations about the future of our planet? How do I stay engaged without losing hope.